



GORTON & SCHMOHL
ORTHODONTICS

Orthodontic Graduation Information

Congratulations! You have now “graduated” from our orthodontic office! By now, you should be used to wearing your retainer(s) when you sleep at night and they should continue to fit well as long as you have them in a few nights a week. If the retainer is tight when you put it on, this means you need to wear it more often.

There is always the possibility of some minor tooth movement even with regular retainer wear. However, without retainers your teeth have the potential to move significantly, so please call us if anything happens to your retainers and you are unable to wear them. Although there is a replacement charge for lost/broken retainers, it is still easier than doing orthodontics again to re-straighten your teeth.

If you have a lower bonded retainer we would like you to keep it in place as long as possible. Your dentist and hygienist will be monitoring you with routine cleaning and will let you know if you need to improve oral hygiene in this area or are in need of a repair. If you still have your “wisdom” teeth, your dentist will evaluate whether they need to be extracted.

You are always welcome to call our office and schedule to have your retainers checked, but in case we do not see you we hope that you will remember **A SMILE IS FOREVER!**